

DAY TIDE

SOUPS AND SALADS

Tomato Basil Bisque

San Marzano Tomatoes, Basil, Cream
Cup 5 Bowl 7

French Onion Soup

Yellow & Red Onions, Shallots, Beef
Stock, Gruyere
8

Refuge Salad

Spring Greens, Artichoke Hearts, Feta
Roasted Red Peppers, Asparagus, Beets
12

Caprese Salad

Sliced Tomato, Fresh Mozzarella, Pesto,
Balsamic Glaze
13

Classic Caesar

Romaine, Herbed Croutons, Parmesan
9

To Any Salad Add:

Blackened Triggerfish 9,
Grilled Shrimp 7, Seared Salmon 11,
Grilled Chicken 5

SANDWICHES

The Amelia 14

Turkey, Tomato, Avocado, Bacon, Mozzarella,
Pesto

Crispy Chicken Sandwich 14

Spicy Remoulade, Cheddar, on Brioche

Blackened Triggerfish 16

Basil Aioli, Pickled Onion on Brioche

Refuge Reuben 14

Pastrami, Sauerkraut or Coleslaw, Swiss, on
Rye

Low Tide Burger 12

Lettuce, Tomato, and American Cheese

Patty's Melt 15

Onions, Mushrooms, Swiss, on Rye

Crab Cake Sandwich 16

Broiled Maryland Crab Cake, Lettuce, Tomato,
Pickled Onions, Lemon Aioli

Refuge Wrap 12

Grilled Chicken or Steak, Avocado, Tomato,
Caesar Greens, Bacon

Crashing Waves 12

Greens, Hummus, Caramelized Onions, Roasted
Red Peppers, Artichoke, Feta, Spinach Wrap

"The Hammock" Grilled Cheese 12

Cheddar, Tomato, Bacon, Avocado